

What's The Hubbub?

FEBRUARY 2019

WHAT'S GOING ON AT THE HUB?

There are a few new things happening at the hub this month. Most importantly, we have a couple new staff members to introduce to you!

NEW STAFF

We are excited to announce Janet Thorne and Nicole Allan have joined The Care Hub as part time Hub Assistants. Both are friendly, knowledgeable ladies who will be more than happy to help. Nicole comes from an NHS background with strong experience with the elderly. Janet comes from Tilehurst and brings a strong volunteering background.

Please feel free to stop by and say hello to them both!

SATURDAY OPENING

Thanks to our new staff, the Care Hub will now be able to open on Saturdays. We are really excited about this as we are hoping to be busy, offering all sorts of interesting things to do.

CHESS CLUB

Our first Saturday offering is the All Ages Chess club. We are looking for players or learners from age 10 to 100 to play chess on Saturday mornings from 10am. We have two boards and chess pieces available.

OUR REGULAR EVENTS

THURSDAYS – 3pm

Tai Chi at Towse Court Residences £5 per session

FRIDAYS – 2pm

Jigsaw Puzzle Club

SATURDAYS – 10am

All Ages Chess Club

EVERY THIRD WEDNESDAY

Knitting Circle

EVERY SECOND TUESDAY

Book & Poetry Club

All clubs have a requested fee of £2 unless otherwise noted.

Call the Care Hub to book a place or for more information

01491 525 639

PUZZLE CLUB

Some people have a long and detailed quilt made from a supportive family, good friends, fantastic neighbours, a social schedule full of activities or outings and a range of transportation options.

Now imagine someone you may know whose quilt is a bit more threadbare.

Family lives far away, mobility issues make getting around difficult and painful, too shy or depressed to join a club where they don't know anyone or facing financial difficulties due to complicated forms and lack of comprehensive assistance.

Our job, at The Care Hub, is to help 'navigate' all the various options available to help build a nice warm quilt of care for someone who needs it.

If you know someone who needs our help, don't wait. Let us know. Bring them in or call us.

Staff is trained in dealing with sensitive issues. We are all DBS checked and Alzheimer's Society Dementia Friends.

CALL FOR VOLUNTEERS

The Hub wants to start a Good Neighbours scheme in Goring/Streatley and we need volunteers to help coordinate.

If you can spare some time and would like to help – please call us or come in.

POLL

What services, groups or activities does Goring and Streatley need?

Call 01491 525 639 or write to us at info@qicare.co.uk

SAFE PLACES TRAINING

The Care Hub has joined the National Safe Places program. A safe place helps vulnerable people if they feel scared or at risk while they are out and about in the community and need support right away.

We are hosting a training session in the Hub on 10 January at 11am.

Training is provided, free of charge, to any local business who would like to become officially recognised as a Safe Place. Call to book. 01491 525 639



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